
Silber Psychological Services, P.A.
1004 Dresser Court Suite 103
Raleigh, NC 27609

PH: 919 876-5658
www.silberpsych.com

Psychological Testing, Social Skills Training, Individual Therapy, Parent Training, Family Therapy, Consultation, Group Therapy, DBT Therapy, ADHD, Anxiety Autism Spectrum, Depression, Eating Disorders, Divorce, Learning Disabilities, Behavior Problems, Social Skills Deficits

Ins: Files Out of Network

Access Family Services
8390 Six Forks Rd Ste. 201/204
Raleigh, NC 27615

PH: 919 890-5852 FX: 919 896-6443
www.accessfamilyservices.com

Foster Care, family foster care, Therapeutic foster care, Intensive Alternative Family Treatment (IAFT), B-3 Respite, Rapid response, Applied Behavior Analysis services (ABA), Family Centered Treatment (FCT), Intensive in-home services, Outpatient Therapy, School based therapy, Day Treatment, Medication Management

Ins: Accepts most major ins. & Medicaid/NC Healthchoice

Triangle Center for Behavioral Health
5015 Southpark Dr, Suite 200
Durham, NC 27713

PH: 919-794-5477
www.trianglecbh.com

Individual Therapy, Medication Management, Family Therapy, Intensive Outpatient Therapy for OCD, Parent Education and Training, Diagnostic Evaluations and Consultations, ADHD Evaluations and ADD Evaluations, Concussion Baseline and Evaluation (ImpACT Testing), Autism and Developmental Delay Evaluations, Early Kindergarten Entry Evaluations, Giftedness Testing, Learning Disorder Testing or Learning Disability Testing, Neuropsychological Evaluations

Ins: Call to verify insurance

Pinnacle Counseling Services, PLLC
106 West Church Street Ste. H
Creedmoor, NC 27522

PH: 919-885-4046
FX: 919-477-1848
www.counselingbypinnacle.com

Individual, Couples, & Family therapy, Relationship Issues, Grief & Loss, Anxiety & fears, Depression, Personal Growth, Parenting Support, Stress management.

Ins: Medicaid/NC Health Choice, BCBS, Cigna (reduced fees for uninsured)

Perkins Counseling & Psychological Services
10580 Ligon Mill Rd Ste. 210
Wake Forest, NC 27587

PH: 919 373-3263 FX: 919 263-9670
<http://perkinscps.com>

Learning Disabilities (children and adult), ADHD (children and adult), Accommodations for standardized testing such as the GRE, SAT, ACT, Personality Disorders, Mood and Anxiety Disorders, Cognitive or memory problems, Assertiveness Training, Blended Families, Couples, individual, marriage counseling, Depression, Grief and Loss, Life Transitions, School Problems, Self-Esteem, Stress Management,

Ins: Aetna, BCBS, Cigna, ComPsych, GHI/Emblem Health, GHI, Medicare Advantage, Military One Source, Optum, Tricare, -United Behavioral Health

Katherine Peppers, DNP, CPNP, CPMHS, PLLC

2473 Wendell Blvd.
Wendell, NC 27591

PH: 919-626-0255 FX: 984-232-7919
www.katherinepeppers.com

8358 Six Forks Road Suite 203
Raleigh NC 27615

Assessment, Diagnosis and treatment of a variety of Pediatric Mental Health Disorders including: ADHD, Autism, Depression, Mood Disorders, Nutritional Disorders, Learning and Intellectual Disability, etc. Provide comprehensive medication management.

Ins: BCBS, Aetna, Cigna, UHC, Medicaid/ NC Healthchoice

New Leaf Behavioral Health
3725 National Drive Ste. 220
Raleigh, NC 27612

PH: 919-781-8370 FX: 919-781-2266
www.nlbh.org

Individual counseling for children, adolescents, and adults. Couples and family counseling to strengthen families & relationships. Groups for children and adults. Flexible appointment times, including day, evening, and weekend hours. Both office and in-home appointments. Outreach initiatives and education for the community

Ins: Most major insurances, & Medicaid/NC Healthchoice

Raleigh Psychological Associates Services
122 W. Vernon Avenue
Wake Forest, NC 27587

PH: 919-274-4476 FX: 919-554-9232

Psychoeducational testing, psychological testing, therapy: young children, & adolescents.

Ins: BCBS, UHC, Medicaid/ NCHC

Inner Peace Counseling
3005 Village Park Drive
Knightdale, NC 27545

PH: 919-274-4476 FX: 919-554-9232

Psychoeducational testing, psychological testing, therapy: young children, & adolescents: Bipolar Disorder, Bulimia, Depression, Eating Disorders, Grief and Loss, Mood and Anxiety Disorder, Panic Disorder, Self-Esteem Issues, Stress Management, ADHD/ADD. Counseling only, they can diagnose, but for medical treatment must see psychiatry.

Ins: Most major ins. carriers, Medicaid/ NC Healthchoice
