
UNC PEDIATRIC PSYCHIATRYwww.psychiatry.unc.edu/patient-care/child-adolescent

PH: (919) 966-5217

FX: (919) 966-9646

DUKE PSYCHIATRY AND BEHAVIORAL SCIENCESwww.dukehealth.org/services/psychiatry/about/index

PH: (919) 668-5559

FX: (919) 668-4496

SILBER PSYCHOLOGICAL SERVICES, P.A.1004 Dresser Court Suite 103
Raleigh, NC 27609

PH: (919) 876-5658

www.silberpsych.com

Psychological Testing, Social Skills Training, Individual Therapy, Parent Training, Family Therapy, Consultation, Group Therapy, DBT Therapy, ADHD, Anxiety Autism Spectrum, Depression, Eating Disorders, Divorce, Learning Disabilities, Behavior Problems, Social Skills Deficits

Ins: Files Out of Network

Ellison & Associates of Raleigh

2301 Rexwoods Dr. Suite 102

PH: (919) 787-1932

FX: (919) 787-1938

www.eapsych.com

Therapy for Depression and Anxiety, Bipolar Affective Disorder, Family Counseling, Post Traumatic Stress Syndrome, Parenting Support, Grief Counseling, Work and Career issues, Stress Management, Attention Deficit Hyperactivity, Coordination with Primary Care Provider, Psychiatric Evaluation, Medication Management

INS: Aetna, Blue Cross Blue Shield, Cigna, Compsych, MHN, Tricare, United HealthCare/United Behavioral Health, and ValueOptions

Community Connections Counseling ServicesWest Millbrook Road, Suite 100,
Raleigh, NC 27609

PH: (919) 267-2924

www.cchs-nc.com

ADHD, Alcohol, Abuse, Antisocial Personality, Asperger's Syndrome, Behavioral Issues, Borderline Personality, Chronic Impulsivity, Coping Skills, Divorce, Drug Abuse, Eating Disorders, Family Conflict, Intellectual Disability, Life Coaching, Obesity, Oppositional Defiance, Peer Relationships, Self-Harming, Sexual Abuse, Substance Abuse, Weight Loss, Addiction, Anger Management, Anxiety, Autism, Bipolar Disorder, Child or Adolescent, Chronic Pain, Developmental Disorders, Domestic Abuse, Dual Diagnosis, Emotional Disturbance, Grief, Learning Disabilities, Medication Management, Obsessive-Compulsive (OCD) Parenting, Self Esteem, Sex Therapy, Sleep or Insomnia, Teen Violence, Dissociative Disorders, Mood Disorders, Impulse Control Disorders, Personality Disorders, Bisexual Issues, Lesbian Issues

Medicaid, Medicare., Healthchoice, Blue Cross and Blue Shield, Tricare, MedCost, Inclusive Health, MHN, Value Options, Self Pay Options also available

NORTH RALEIGH PSYCHIATRY, PA5530 Munford Road
Suite 119
Raleigh, NC 27612

PH: (919) 782-9554

FX: (919) 782-9130

www.nrpsych.com***Some Providers are Bilingual****ADHD Evaluation and Diagnosis, Mood disorders, Bipolar, Anxiety, OCD, Developmental Disorders, Autism Spectrum***Call their office or check your insurance carrier to see if they participate with yours**

Life Resources of NC

183 Wind Chime Court
Suite 100
Raleigh, NC 27615

PH: 919-896-8520 FX: 919-896-8534

www.lrofnc.com

Psychiatric Evaluations- conducted by a licensed Psychiatrist to assess individuals presenting problems and the need for possible psychotropic medication. Medication Management- Monitoring of a clients prescribed medication by the psychiatrist to ensure its effectiveness. Psychological Testing and Evaluation- Performed by a Licensed Psychologist or an associate supervised by a Licensed Psychologist, to determine diagnosis and provide recommendations/interventions to assist with behaviors. Clinical Assessments- Conducted by Licensed Professionals to make an initial diagnosis and make recommendations for services. Individual, Family and Marital Counseling- Performed by Licensed professionals. Frequency of counseling depends on individual, family or couple along with the recommendation from the Clinician.

Insurance Accepted: Blue Cross Blue Shield (PPO plans), Cigna (for Psychiatry only), ValueOptions, TriCare/MHN, Medicare, Medicaid and NC Health Choice. We will file your insurance claim as a courtesy to you

Triangle Center for Behavioral Health

5015 Southpark Dr, Suite 200
Durham, NC 27713

PH: 919-794-5477

www.trianglecbh.com

Individual Therapy, Medication Management, Family Therapy, Intensive Outpatient Therapy for OCD, Parent Education and Training, Diagnostic Evaluations and Consultations, ADHD Evaluations and ADD Evaluations, Concussion Baseline and Evaluation (ImPACT Testing), Autism and Developmental Delay Evaluations, Early Kindergarten Entry Evaluations, Giftedness Testing, Learning Disorder Testing or Learning Disability Testing, Neuropsychological Evaluations

Call to verify they accept your insurance

GREW, MORTER & HARTYE

3141 John Humphries Wynd, Suite 275
Raleigh, NC 27612

PH: (919) 783-5431

FX: (919) 783-6480

www.gmhpsych.com

ADHD, learning disabilities, eating disorders and developmental disorders evaluations (Educational & IQ), Early Kindergarten and Neuropsychological testing

Call to verify insurance

Psychiatric Associates of North Carolina

St Mary's Place
859 Washington St
Raleigh, NC 27605

PH: 919-828-9937

FX: 919-828-4287

www.psyassoc.com

Mood disorders (depression, dysthymia, bipolar affective disorder, among others). Anxiety Disorders and Obsessive Compulsive Disorders (OCD). ADHD (Child, Adolescent, Adult). Sleep Disorders. Eating disorders. Psychotic Disorders. Dementia and Cognitive Disorders. Alcohol and Substance Abuse. Couple Therapy. Perinatal and Postpartum Mood Disorders.

Insurance: Cigna, Magellan, Blue Cross Blue Shield, United Health Care/United Behavioral Health, Aetna, Medcost, Value

GRETA ZUCK, PhD, LPC, NCC, RPT

CHRISTY COUNSIL, PhD

5613 Duraaleigh Road
Suite #161
Raleigh, NC 27612

PH: 919-784-0205 X 2 FX: 919-784-0250

www.drgretazuck.com

ADHD Evaluations, Child or Adolescent Issues, Infertility or Adoption, Parenting, Relationship Issues, Depression, Anxiety or Fears, Divorce, Domestic Abuse or Domestic Violence, Loss or Grief, Trauma and PTSD

Insurance: Out of Network-Pt. must file ins to be reimbursed

Wake Forest Counseling Associates, PLLC

3021 Berks Way, Suite 101
Raleigh, NC 27614

Phone: (919) 554-4027 Fax: (919) 554-9375
info@wakeforestcounseling.net

ADHD Evaluations, Anxiety, Depression, OCD, Phobias, Anger Management, Behavioral, Emotional, Stress disorders, Substance abuse, Physical/Mental abuse, PTSD, Grief, Social Issues, Bipolar, Mental illnesses,

Insurance Accepted: BlueCross BlueShield, Cigna, Aetna, MHN, Tricare and Medicare.

Perkins Counseling & Psychological Services

10520 Ligon Mill Rd
Suite # 108
Wake Forest, NC 27587

Phone: (919) 263-9592 Fax: (919) 263-9670
<http://perkinscps.com>
info@perkinscps.com

Learning Disabilities (children and adult), ADHD (children and adult), School Accommodations (with or without a previous diagnosis), Accommodations for standardized testing such as the GRE, SAT, ACT, Personality Disorders, Mood and Anxiety Disorders, Cognitive or memory problems, ADD/ADHD, Anxiety, Assertiveness Training, Blended Families, Chronic Pain, Co-Dependency, Couples Counseling, Depression, Grief and Loss, Life Transitions, Parenting and Family Issues, Relationship Problems, School Problems, Self-Esteem, Stress Management, Surviving adolescence (both for the adolescent AND the parents)

Insurance: Aetna, BCBS, Cigna, ComPsych, GHI/Emblem Health, GHI Medicare PPO, GHI Medicare, Medicare Advantage, Military One Source, Optum, Pearce and Pearce, Tricare, -United Behavioral Health, Value Options

Wake Psychiatry

1500 Sunday Drive Suite 200
Raleigh, NC 27607

PH: 919-322-2413 FX: 919-322-2416

www.wakepsychiatry.com

Psychiatric disorders including but not limited to mood disorders (Depression, Manic Depression, Bipolar Disorder), anxiety, ADHD, and psychoses. Our board certified doctors are trained to treat children, adolescents, adults, and the elderly allowing us to treat the entire family. Our services include, but are not limited to, diagnostic evaluation, medication treatment and management, psychotherapy, education, CBT, and working with outside therapists.

Insurance Accepted: Aetna, BCBS, Cigna, Inclusive Health, Magellan, MedCost, Medicare, PHCS/Multiplan, United Health Care, **In addition to accepting insurance, we also accept self-pay patients**

Adolescent, Child and Adult Psychiatry

4041 Ed Dr.
Raleigh, NC 27612

PH: 919-324-3383 FX: 919-324-3404

www.dr-marroof.com

ADHD in children and adults, Anxiety Disorders - generalized anxiety, Social Phobia (or Social Anxiety), Panic Attacks, Obsessive-Compulsive Disorder and Separation Anxiety Disorder, Mood Disorders - Bipolar Disorder, Clinical Depression and Post-Partum Depression, Trauma - psychological distress following traumatic life experiences - Post-Traumatic Stress Disorder; treated with EMDR and DBT, Mindfulness Training, Pervasive Developmental Disorders - Autism/Asperger's Disorder, Oppositional Defiant Disorder, Tourette's Disorder, First Episode Psychosis, CNS testing for those diagnosed with ADHD, ADD

Insurance: BCBS, Tricare Prime and Standard, Cigna, Medcost, Medicare, Medicaid

Hope Services

3000 Highwoods Blvd. Suite 310
Raleigh, NC 27604

PH: 919-714-7500 FX: 919-714-7513

www.hopeservices4u.com

Comprehensive Clinical Assessments, Outpatient Therapy, Psychiatric Evaluation and Medication Management, Intensive In-Home Services, Day Treatment Services

Call to verify accepted insurance

Wynns Family Psychology

130 Preston Executive Dr. Ste. 202
Cary, NC 27513

PH: 919-467-7777

www.wynnsfamilypsychology.com

TODDLERS / PRESCHOOLERS / EARLY ELEMENTARY AGE ISSUES: Autism Spectrum Disorders, Asperger's Syndrome and other developmental disorders, Attention Deficit Hyperactivity Disorder (ADHD), Learning disorders, Behavior problems at school, home or daycare, Adjusting to preschool or kindergarten teacher, Social skills deficit, Separation anxiety, Shyness, Fears, Sleep problems, Childhood obesity

CHILDREN AND ADOLESCENT ISSUES: Aspergers Syndrome, Auistic Spectrum Disorders, and other developmental disorders, Attention Deficit Hyperactivity Disorder (ADHD), School and learning problems, getting homework done, Test anxiety, Phobias and anxiety, Stress management, Perfectionism, Obsessive Compulsive Disorder (OCD), Oppositional Defiant Disorder (ODD), Conduct Disorder, Anger and frustration problems, Social skills deficits, Sadness and depression, Low self-esteem, Dealing with parents who fight, Coping with separation or divorce of parents, Post-Traumatic Stress Disorder (PTSD) from emotional, physical or sexual abuse

ADOLESCENT & TEENAGER ISSUES: Autism, Aspergers and other developmental disorders, ADHD, Academic struggles or learning disorders, Social skills problems, Planning for college, Anxiety and depression, Peer pressure, Relationship problems, Conflict with parents, Disordered eating

COLLEGE & YOUNG ADULT ISSUES: Academic struggles or learning disorders, ADHD, Anxiety and depression, Perfectionism, Relationship conflicts with peers, roommates, romantic partners, and parents, Disordered eating, Problematic drinking, Coping with traumatic events, Date rape, ASD (Autistic Spectrum Disorders)

****They do not file insurance, you must pay in full and then file your insurance yourself****